

Rifle - First Shot Fundamentals - Revised February 2017 –
Included in Lesson 1 –
Time Approximately 1 hour

Welcome to 4-H Rifle

Share Restrooms Location
Share Classroom Procedure

1. Rifle Nomenclature and Safe Gun Handling Rules

- a. **Stock and forearm**- the parts of the gun that you grip
 - i. Explain how you grip the gun to shoot and carry in a safe manner (muzzle up with two hand grip)
- b. **Barrel Muzzle** – Front of the Barrel
KEEP THE MUZZLE POINTED IN A SAFE DIRECTION AT ALL TIMES !
- c. **Action** – The parts that load, fire and unload the gun
**ALWAYS KEEP THE ACTION OPEN AND UNLOADED
UNTIL YOU ARE READY TO SHOOT**
- d. **Trigger** – That part of the action that releases the firing mechanism
**ALWAYS KEEP YOUR FINGER OFF THE TRIGGER
UNTIL YOU ARE READY TO SHOOT**
- e. **Safety** – on when red not visible, mechanical device can fail
- f. **CBI** – (Clear Bore Indicator) is visible from the muzzle and action (explain why)

2. M.A.T – Three Fundamental Rules of Gun Safety

- a. **Muzzle** Always Pointed in Safe Direction
- b. **Action** Always Open, Empty and Exposed to View Until Ready to Shoot
- c. **Always Keep Your Finger Off the Trigger** Until Ready to Shoot

3. EYE AND EAR PROTECTION

Safety glasses Are **ALWAYS REQUIRED** in front of the safety line, ear protection required on rim-fire rifle

4. EYE DOMINANCE

- a. Check eye dominance
- b. Explain why it is important

5. BASIC SIGHT ALIGNMENT

- a. Explain type of sight used today
- b. Front sight and rear sight, (explain sight alignment) focus on front sight equal light on both sides of front sight in rear sight and flat across the top.
- c. Basic sight picture, front sight, rear sight, target, pumpkin on a post

6. CEASE FIRE COMMAND

- a. **ANYONE**, can call it (it is every ones duty to be safety conscious)
- b. Repeated by **EVERYBODY**, when called
- c. **STOP** what you are doing **IMMEDIATELY**, keep pointed in safe direction, open action, wait for further instruction

7. **Fire Live Rounds** at blank target backs from bench rest position rifles on bench, coaches load and charge rifles. A good practice is for instructors to provide a familiarization period where students are allowed to handle rifles and become familiar with the rifle parts, feel and operation. (See Lesson Narrative...First Shot Fundamentals-Firing the First Shot) This may also include a dry firing experience under direct and immediate supervision of instructors.

a. **RANGE COMMANDS** (Use enhanced Range Commands)

1. RANGE IS HOT
2. SHOOTERS TO THE LINE – assume shooting position
3. IS THE LINE READY
4. PLEASE RESPOND BY POSITION
5. THE LINE IS READY
6. COACHES REMOVE CBI
7. CHARGE OR PUMP THE RIFLE
8. LOAD THE ROUND
9. CLOSE ACTION
10. PLACE RIFLE IN POSITION ON SHOULDER FOR SHOOTER
11. TAKE OFF SAFETY
12. ALIGN SIGHTS AND OBTAIN SIGHT PICTURE
13. FIRE WHEN READY
14. PUT ON SAFETY
15. OPEN ACTION
16. REPEAT STEPS 7-15 AS NEEDED
17. CEASE FIRE
18. MAKE RIFLES SAFE, ACTIONS OPEN, M SAFETY ON, CBI IN PLACE, GROUNDED OR BENCHED WITH THE MUZZLE IN A SAFE DIRECTION, ACTION EXPOSED TO VIEW
19. RANGE IS SAFE
20. YOU MAY GO DOWN RANGE AND RETRIEVE YOUR TARGET AND IF NECESSARY REPLACE IT WITH A NEW TARGET

8. **Wash hands** to remove lead residue from ammunition

9. **Debrief and review**