

TRAINING OUTLINE – SHOTGUN WORKSHOP-LEVEL 1 –STATE **(12 hour minimum)**

8:00A On Range – First Shot Fundamentals

Debrief – Explain “This is what we want you to do with your students!”

What life skills did we cover?

9:30A SAFE SHOTGUN HANDLING (Chapter 1) (On Range)

All present are responsible for safety

Handling safety: MAT

Know how the firearm works – all four basic action types

Know how to safely load/unload each action type

As long as muzzle is in a safe direction – no one gets hurt!

Rules for safe gun handling: (MAT)

ALWAYS keep the muzzle in a safe direction

When not shooting, keep gun empty/[action](#) OPEN and exposed to view

Keep finger OFF trigger until ready to shoot

Treat EVERY Firearm as if it were loaded

When assuming control of a firearm, keep the muzzle in a safe direction, then check to see if it is loaded

Passing of gun from Instructor to Student (Thank You, You’re Welcome)

Elements of Safe Shooting:

Be sure gun and ammo are compatible

Carry only one gauge of ammo at a time

Be sure of your target and what is behind it

Always wear eye & ear protection

Avoid alcohol and drugs when shooting inclusive of legal prescribed drugs which affect ability to perform.

Knowledge Skills and Attitude toward safety is the key

What Life Skills were covered?

## 10:30A EYE DOMINANCE (Chapter 2)

Demonstrate different methods of checking dominance.

Explain importance of using "BOTH EYES".

### SHOTGUN SHOOTING FUNDAMENTALS (Refer to Fact Sheet 13)

STANCE – Demonstrate a good stance

*Non-Threatening Hands-on instruction*

Talk about weight distribution & where the toes should point

GUN READY - Explain we will not be using this Fundamental in this part of the initial instruction, but will refer to it later.

"BOXER'S" stance will be used at this time

GUN MOUNT - The instructor will be placing the gun in the proper position at this time, but the student will be practicing this later. (Refer to Fact Sheet 9)

SWING TO TARGET – Smooth movement of shotgun to target. Demonstrate swing-through and sustained leads.

TRIGGER PULL - Do not jerk trigger. "PRESS" trigger with a crisp motion.

FOLLOW THROUGH - Vital to success, difficult to teach. Explain different teaching methods. *Keep moving gun along target line after shooting by following a piece to the ground.*

### ORIENTATION TO CLAY TARGETS

Show Different target types

Talk about target flight and consistency (The secret to success!)

### ORIENTATION TO THE TRAP

Show students the different parts & discuss safety issues on both manual and electric machines. Cover this again when you return to the range.

### ORIENTATION TO THE RANGE (Refer to Range Set-up Chart & Fact Sheet 14)

Firing Line – where it is located

Where shooters & coaches are located.

Range Commands – What is a "CEASE FIRE?"

What does it mean?

Who can call a "CEASE FIRE!"?

Who can clear a "CEASE FIRE!"?

Who can make the range "HOT!"? Or make it "SAFE"?

People Downrange – Guns Racked and traps cleared and uncocked.

Safe Areas – Clearly marked

Misfires and Malfunctions – What happens? Wait 30 seconds.

Squib Loads – Make certain barrel is clear!

What Life Skills were covered?

FIRING THE FIRST SHOT (Chapter 3) (*Refer to Firing the first Shot- Debriefing*)

Watch Targets

Finger Point

Finger Point BANG!

Dry Point (explain passing of firearm – “Thank-you”/”You’re Welcome”)

Dry Fire

Ball and Dummy

Refer to “Enhancing Concentration” handout and to earlier Debrief.

What Life Skills were covered?

12:00 LUNCH

1:00 – 5:00P ON RANGE

Coach-Pupil

Practice passing the firearm

Trigger Covered

“Thank-you”/”You’re welcome”

Work on going through “Six steps of firing the first shot” and what to look for in each step.

Troubleshoot Problems

Chapter 4 should also be covered while on the range in this time period

Review Action Types: Let them actually load and unload dummy rounds

Chokes: Explain their function and how to select correct choke for situation

Ammo: Gauges and loads/How to choose the right ones

THE NEXT STEPS (Chapter 5) (*This lesson can be reviewed at the range, time & skill-level permitting*)

*(Refer to Fact Sheets 11, 12 &13)*

THE SHOOTER’S NEXT SKILL LEVEL –

Start where you left-off:

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Finger point

Finger point, BANG!

Assume Gun Ready position

Practice mounting (unloaded gun – remember “Thank-you”/”You’re Welcome”)

Take gun back, explain you will be handling the ammo and letting them load it

Pass the gun to student (“Thank-you”/”You’re Welcome”)

Pass them a single round of ammo

Have them load it and close the action (Maintain good Muzzle control)

Student mounts gun (instructor checks hold-point)

They call for the target and fire at it

After they have mastered loading and mounting YOU make the call when they can handle their own ammo

What Life Skills were covered?

Debrief

What Life Skills were covered?

5:00P CLEAN-UP

6:00P SUPPER

## **Second day**

8:00A CARING FOR YOUR SHOTGUN (Chapter 6)

Major investment \$\$\$

Proper care should give years of reliable service

Tools: Cleaning rods – Bore snake

Cleaning Patches

Solvents

Lubricating and corrosion protection products

Cleaning Techniques

Cleaning Bore

Cleaning Action

Stock Maintenance

External metal treatment

Minimal maintenance

Field Stripping and complete cleaning

#### Proper Shotgun Storage

Not easily accessible to children or untrained persons

A Gun safe is the best option

Ammunition should be stored separately

#### Transporting Firearms

Rules and regulations vary by state

Federal law governs interstate transportation

What life skills were covered?

8:30 Practicum prep

9:30 Practicum

10:30 Test and Wrap up session

1200 Leave

**Reference Materials; 4-H Shotgun Member Record Book (Ohio State)**

**S.T.E.M. Connections (Colorado State)**

**Ways to ensure early success: 1. Single targets**

**2. Single flight path**

**3. Remove distractions**

**4. Gun fit**

**5. Open choke**